



Striking and Fielding

Rolling

Skills

To roll a ball with accuracy and control.



Key Vocabulary:

Rolling balancing catching racket
direction speed bounce aim

Target Throwing

Skills

To show control and accuracy with the actions for underarm throwing.

To be able to aim at a target.

To throw a beanbag or ball correctly.



Balancing and Carrying

Skills

Holding a racket correctly.

Shaking hands with the racket with a nice grip.

